



Cheroo – Calling All Costumes!

Reminder—Monday night is full dress rehearsal. **Wear your full costume** with props if you have any. However, since we'll need to load the risers in the trailer, make sure you have some work clothes to wear when you help carry them downstairs.

We'd like to have an audience to cheer and clap for us so we can perform to an audience. Please invite your wives,

girl friends, and families to join us.

We are requesting refreshments for the evening. If you are willing and able to bring some type of refreshment (eg. vegies, grapes, cookies, brownies, trail mix, etc. etc.) or send it with your chorus member, **it would be greatly appreciated.**



Peoria Game Day By Jack Fagan

When I was reading the book TRAINING CAMP: What the Best Do Better Than Everyone Else, I came across some advice that I found helpful to me as I look ahead to the contest in Peoria. Perhaps you might find it interesting, too.

When the best are in the midst of their performance, they are not thinking "What if I win?" or "What if I lose?" They are not thinking "what if I make a mistake or miss a shot?" They are not interested in what the moment produces but are only concerned with what they produce in the moment. When all eyes are watching, they know that this is the moment they have been preparing and waiting for. Rather than hiding from the pressure, they rise to the occasion.

Don't let the moment define you. You define the moment. Define it by knowing that your practice and preparation have prepared you well. Define it with your mental strength, faith, and confidence. Define it by knowing that regardless of the outcome, you have given your very best.

Don't focus on the past, and don't look

to the future. Focus on the now. Success, rewards, accolades, fame, and fortune are merely byproducts for those who are able to seize the moment – not those who look beyond it. Ironically, to enjoy success you must not focus on it. Rather, you must focus on the process that produces success.

You are more than your successes. You are more than your failures. You are in the moment. Enjoy it. Live it. Make the most of it. Make it yours.

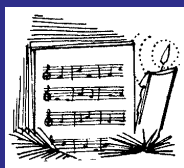
The author, Jon Gordon, also quotes the legendary coach of the Pittsburgh Steelers, Chuck Noll, who said: "Champions do ordinary things better than anyone else." We don't have to sing anyone else's songs better than they do. To win, we only have to sing our own songs better than others sing theirs.

One last thought: Michael Jordan says that even though there is no "I" in team, there is an "I" in WIN, meaning EACH of us has to give a best performance in Peoria for all of us to reach our goal of qualifying for Philadelphia.

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October 10th Christmas Blitz

Mark your calendars for our Christmas Music Blitz on Saturday, October 10th from 9 to 1pm at the Moose hall. Our regular Monday rehearsals immediately following the Peoria contest will be focused on preparing for the October 19th performance. Therefore we need a special rehearsal to kick off the Christmas season. This rehearsal will focus on all the music we are targeting for the 2009 Christmas Show, including one new combined number. Please plan on being present for the full four hours as there is a lot of music to cover.

Thanks, Joe T.

Christmas tickets officially go on sale Oct 1. Bob Wahl will be taking orders on 9/28

Chorus Contest Order

- Mic Tester Chorus
- Brotherhood of Harmony
- Land of Lincoln
- New Tradition
- Sound of Illinois
- West Towns

Contest Day Schedule (Sat. 9/26)

IMPORTANT REMINDER

All contestants must have an All Events Pass for the Convention

11:00 AM—Noon	West Towns Rehearsal—Wear your Green shirt
1:00 PM	Quartet finals (show your West Towns pride and wear your green shirt)
4:00 PM	Start contest cycle—warm up, prep for contest, dress, make-up.
6:40 PM	Pictures—Lobby of Convention Center
6:50—7:10	Warm-up Room 136
7:20	Transported to London, 1910 early morning near St. Paul's Cathedral
	Show of Champions while scores are tallied
	Winners announced, assuming we win, we will sing 2 songs
	Music team attend the judges evaluations
	<ul style="list-style-type: none"> ◆ Pizza party with Bloomington ◆ Hospitality Room re-opens—11th Floor of Pere Marquette

Sing with a Champ

Sing with a Champ will be on Saturday morning, September 26th from 10-11am in the Rewards Room at the Pere Marquette (ground level, north entrance, old American Restaurant). Here is your chance to sing in a quartet with a former Illinois District Gold Medal winner...you pick the song or tag. This is not a contest, no judges, no audience, no fee, no video tape/DVD, just an informal opportunity to sing a few songs with guys you may not know...including at least one former Champ.

If you'd like to bring a Polecat Book (or buy one at the Harmony Marketplace) or other sheet music, do it...no problem. We've got a dozen former Gold Medal winners waiting to sing a song or tag with you. You don't need to be a great singer, these guys are eager to encourage you....they'll will sing songs of what ever difficulty level you choose. We just want to have a room full of harmony.



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of
close
harmony

the Illinois District
Barbershop Harmony Society

Schedule of Events

September 2009

- ◆ 21 Rehearsal
- ◆ 25 -27 District **Fall Contest**
- ◆ **26 – 11 AM–Noon** (green shirts)
1 PM–Quartet contest–
 wear your green WT shirt
4 PM–dress/prep for contest
 6 PM–contest starts
 7:20 – We sing our hearts out and **WIN!**
 Show of Champions
 Pizza party with Bloomington Hospitality Room

- ◆ 28 Rehearsal
- October 2009

- ◆ 5 Rehearsal
- ◆ **10 Sat: 9–1 Christmas Blitz**
- ◆ 12 Rehearsal
- ◆ 15 Board meeting
- ◆ **19 Performance–Monarch Landing–Naperville**
- ◆ 26 Rehearsal

SEPTEMBER 2009						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

This is it Mates! Contest Week!

November 2009

- ◆ 2 Rehearsal
- ◆ 9 Rehearsal
- ◆ **15 (Sun)1:00 PM** Downers Grove Library
- ◆ 16 Rehearsal
- ◆ 19 Board meeting
- ◆ 23 Rehearsal
- ◆ 30 Rehearsal

December 2009

- ◆ 10 7:30 PM Tech Rehearsal (Thu)
- ◆ 11 8:00 PM Christmas Show (Fri)
- ◆ 12 2:00 PM & **7:30 PM** Christmas show
- ◆ **13 Sunday 1:30 PM Christmas Show**
2010
- ◆ Jan 23 Sat. Installation Banquet
- ◆ Feb. 13 Sandwich Opera House
- ◆ June 27 – July 4 – International (Philadelphia)

OCTOBER 2009						
Su	M	Tu	W	Th	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

NOVEMBER 2009						
Su	M	Tu	W	Th	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					



Uh-oh, here comes the mike again. Cut the barbershop quartet and go back to mournful whistling.



PO Box 1005
Downers Grove, IL 60515

West Towns rehearses every Monday evening, 7:00 PM on the 2nd floor of the Moose Lodge, 1030 Warren Ave., Downers Grove, IL 60515

Phone: 630-201-5544

www.westtowns.org

PITCH Editor:

Bob Nicodem
18W109 Claremont Dr
Darien, IL 60561

email: RNicodem@comcast.net

Work: (708) 735-8164 Cell: (708) 337-3895

The views and opinions expressed herein do not necessarily reflect the official views of the Chicagoland West Suburban Chapter aka The West Towns Chorus



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Email: board@westtowns.org

Hospitality Room

Gentlemen (and Ladies)

It has been a while since the West Towns Chorus had an actual Hospitality Suite on one of the upper floors of the Pere Marquette Hotel. So we have decided to give that a shot and see how it works out. This will be a perfect opportunity to show everyone that we will be representing the Illinois District in a positive manner in Philadelphia and get that celebration off to a rousing start.

Ed McDevitt and I will be staying up there and will try to be around as much as possible, but certainly someone should be there both Friday night and Saturday night after the contest (depending up on whether or not there is a President's reception on Friday night). But, either way someone should be around, and we will try and have ample supplies of food and drink.

Here's where you come in, I thought that a great way to sell the new West Towns Chorus cookbooks would be for us to have some samples of the various dishes available up in the suite. We could also have the books there available to sell to the people that come in. Anyone willing to make one of their own creations, or someone else's creation would be greatly appreciated. I have no idea of the accommodations in the room. I am guessing that there will be a microwave. But you would need to have the dish either already prepared, and provide the necessary serving trays and implements. If we have a microwave, we will be able to heat it up, but if it needs

to stay hot, you will need to provide whatever is necessary. I will try and bring some extension chords and power strips, but we could also use your help in this area, too.

We will have plates, bowls and plastic silverware, etc. and we will have some large bowls for chips etc. We will have coolers and ice and enough beer and soda to get us started, but if you would like to make a contribution to the cause by bringing something, it will gladly be accepted. Donations will gladly be accepted, also.

We will also need to provide refreshments for the quartets that come through, as well as singers looking to listen and have a good time. Again, I am not sure what accommodations we will have as far as seating and such, but all chorus members and families and guests are welcome to come up and listen to whatever quartets stop by and sing during the evening.

Anything you are willing to contribute will gladly be accepted, and we are looking forward to having a good time and socializing not only with our own chapter, but with the other chapter's members and quartets from the district.

Let's make this a great weekend, together!!

Thanks,
Craig Lancaster
VP Music and Performance

